



# ACTION PLAN AGAINST BULLYING AND VIOLENCE

## Definitions : bullying and violence

### Definitions According to the Law

### Bullying

- Deliberate or not (it is the impact of the act that counts)
- Feeling of distress of the victim
- Direct or indirect (including cyberspace)
- A repeated comment, act or gesture nature
- Power imbalance

"Any behaviour, spoken word, act or gesture, whether deliberate or not and of a repetitive character, expressed directly or indirectly, including in cyberspace, in a context characterized by a disparity in the balance of power between the concerned persons, having the effect of engendering feelings of distress, injury, hurt, oppression or of being ostracized;" Art. 13, LIP 2012

### Violence

- Intentional
- Expressed in many ways (verbal, written, physical, psychological or sexual)
- Not necessarily repeated
- Hurts or oppresses a victim

Any intentional demonstration of verbal, written, physical, psychological or sexual force which causes distress and injures, hurts or oppresses a person by attacking their psychological or physical integrity or well-being, or their rights or property.

### Conflict

- Confrontation which usually implicates individuals of equal power
- Confrontation or disagreement between two people

As soon as bullying or violence has an impact on what happens at school and concerns individuals of the school, no matter the place or time these acts were committed, the school must deal with this impact.